

Before I do, however, there are a few points that have to be made:

1. "Autogynephilia" is a term made by the researcher Ray Blanchard meaning "the love of one self as a woman". The idea is that autogynephiles are men sexually attracted to the image of themselves as women (as opposed to "normal" men who are attracted to real women "out there").

This explanation is definitely wrong. Male to female "autogynephiles" do fall in love with real women "out there" all the time, and are often very loyal partners and husbands. Nor can crossdreaming be reduced to a sexual condition only. [Ray Blanchard has proven himself to be a transphobic activist](#) and this also colors his research.

I don't see how a man falling in love with a woman "out there" means he can't fall in love with the image of himself as a woman. I don't know if M. Blanchard says that they are mutually exclusive, but the general idea in the cultural discussion (as far as I can get) is that if a man is turned on by the thought of himself as a woman, whether or not anything else turns him on, that man is autogynephilic. This also includes (as you mention below) women (actual women, persons with wombs and xx chromosomes whose development of breasts and a cunt were brought on without external human interference) who are sexed-up by the thought of themselves as women - or, narcissism in the truest sense of the word.

Ray Blanchard being a "transphobic activist" wa, this accusation oughtta be more clearly defined. What is "transphobia"? Is it an irrational, intense fear of transsexuals? Is it a distrust or dislike merely of such people? or of the ideology and 'narrative' that the most vocal transsexuals espouse? And if he is an 'activist', or one who opposes your narrative and goals, so what? We are all biased, some severely, some a bit only. You are biased in favor of your own beliefs and goals, which are (I assume) those of the Transgender movement. And don't tell me you aren't a 'movement'. If not, why are there subreddits, blogs, tv interviews, public personas galore all around gathering you to talk to each other and whatnot? Sure it 'colors his research', but deal with it: Your opinions 'color' your view of "science" too.

I have coined the term "erotic crossdreaming" as a neutral alternative to the term "autogynephilia". It simply refers to men (*and women*) who get aroused by imagining themselves as the opposite sex.

As I understand it crossdreamers is a subcategory of the umbrella term transgender (referring to all people who diverge from the normative gender roles allotted to their original biological sex).

I don't think most people use it as an umbrella term. The way I hear it used, it means a man wants to be a woman and thinks he already is in his mind, but isn't in his body. he wants to dress like a woman, have female breasts and genitalia, and a woman's voice, etc. he wants others to see him as a woman. The reverse is

true for a woman who is "transgendered". "Gender non-conforming", "Gender-Bending", or "genderfuck" are more what you're looking for i b'lieve.

Note also that cross-gender fantasies and arousing embodiment fantasies are found in all types of people, cis and trans, straight and gay, female or male. These fantasies are quite common and therefore not "abnormal" in any sense of the word.

how do we know that? Is that a census question? what sort of people do they survey for these things? And why doesn't the mere fact of having such a fantasy make someone "transgender"?

2. There is in fact no scientific consensus on what causes crossdreaming. I belong to those that believe that it has a biological core that is expressed through culturally determined symbols, but you should not take my word for it. All crossdreamers have to determine for themselves what makes sense to them.

Just this: If it's science, it ain't consensus, if it's consensus, it ain't science. Period.

3. I am not a certified doctor, psychologist or sexologist. I probably know more about crossdreaming than most professionals, but you should always seek professional guidance before you do something drastic. If you find a therapist with an open and emphatic heart, that may compensate for their lack of crossdreamer competences.

You're so modest, excellency. If you are a non-professional, but consider yourself so well informed as to 'set yourself up as a light', what's wrong with others such as M. Blanchard doing the same; i. e., what good is a "scientific consensus" if you ain't part of it? Or if there is none, why make clear that you ain't part of it?

Is there a cure for "autogynephilia"?

Is there a cure for what Blanchard calls "autogynephilia" and I call "erotic crossdreaming".

The short answer to this question is no.

no surprise there. God doesn't love humans enough.

I have been in touch with a large number of crossdreamers and crossdressers, and I have read most of the literature. I have so far not found one reliable story about a crossdreamer who has been cured of this condition.

But do not despair yet. There are ways of coping.

there's always suicide. :o)

In the following I will discuss what strategies seem to work and what clearly does not work. I am not going to burden you with a lot of academic references in this post. If you want to explore the literature, explore this blog. Many posts contain extensive discussions of research in the area.

you are all memes. I'm a meme too. I've read so many online posts about "im not sure if im trans or just a fetishist or a crossdresser" or whatever. "Ill just wait and see, just give it time" Give it 3, 5 years and they're all "oh yeah i'm so trans, i was just in denial, i'm so happy now" and all the herd are mooing "yaaas girl slay, you go girl, so tru". *All of them*. Guaranteed that folken was hanging out on those message boards drinking the Kool-Aid, filling its head with these memes, and then the memes became reality. It's all just a meme. We all just repeat the programs that the world gives us, we regurgitate them and then those program others. Ye gods, its so predictable. We see what we want to see. People don't, people *can't* get ideas and beliefs from the ether. They absorb them from the environment. There is no 'true you', there is no 'you'. Selfhood is an illusion, all there is are memes.